Worksheets Answer Key:


Worksheet 1: Alcohol and Your Brain 1. Cerebral Cortex; 2. Hippocampus; 3. It can shut down the medulla, which controls involuntary processes, such as maintaining body temperature and breathing.

Worksheet 2: Alcohol and Your Body 1. a; 2. a; 3. c; 4. b

Worksheet 3: Making Smart Choices
1. Answers may vary but may include that the effect on your brain that makes you less inhibited also impairs your ability to think clearly. You may make decisions without thinking about the consequences. You may do something that you would later regret.

2. Answers may vary but may include that drinking alcohol can slow your reflexes and blur your vision, making driving very dangerous. Sally should not get into the car if her sister or any other friends who were drinking are driving.

Critical Thinking: Answers may vary but should include that young people may be more affected by alcohol than older people because their brains are still developing and their bodies are smaller.